

# The Buddy Bunch Social Skills Group

## Offered by:

### The Children's Therapy & Learning Center



At **The Buddy Bunch**, a variety of approaches are utilized to assure every child's success in a wide array of social situations. At **The Buddy Bunch**, the focus is not just on teaching and preaching of a specific skill, but for the children to become more aware of their bodies, their environment, and of those around them while incorporating socialization, which are the essential stepping stones in learning the skills needed for one to be successful with their peers.

At **The Buddy Bunch**, overall themes are used to make learning social skills fun, exciting, and memorable for the children to help them generalize what they are learning in group into their home, school, and community. Each week then incorporates small lessons and activities (i.e. role playing, skits, structured and unstructured sensory-based activities, arts and crafts, books, music, social skills videos, video clips of themselves, cooperative games, etc.) to meet the overall daily goal of a socially appropriate behavior.

Each week's lesson are increments of getting to the final goal of your child's social success with peers, the topics that are addressed and incorporated into our **Buddy Bunch** groups include, but are not limited to:

- Non-Verbal Language: Eye Contact, Body Talk, Voice Modulation, Body Awareness, & Personal Space. Reading Social Cues
- Emotions: Understanding Facial Expressions, Feelings, and How to Respond
- Developing Conversation / Listening Skills: Greetings, Initiating Conversations, Answering Questions, Reciprocal Language, Topic Circle & Space Shuttle (Topic Maintenance), Thought Bubbles and Talk Balloons (Nice vs. Hard Words) Body Talk, & Brave Talk
- Being a Good Sport: Self-Control, Frustration Tolerance, Impulse Control, Team Work, Playing Fair, Waiting, Taking Turns, & Sharing
- Getting and Staying in the Game / Taking Part and Attending to Peer or Adult Directed Activities
- Conflict Resolution & Problem Solving
- Thinking of Others, Helping Friends, Doing Your Part, & Manners
- Imaginative / Pretend Play & Play Dates

To inquire about enrolling your child in The Buddy Bunch Social Skills Group contact:  
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