

AMPS Cognitive Training Program

Improving Attention, Memory & Processing Skills



What is AMPS?

AMPS is a cognitive processing skills program that uses whole-brain learning exercises designed to **improve mental processing speed, working memory, attention, sequential processing, spatial orientation, visual and auditory memory, phonological awareness, motor planning, reasoning and problem solving.** AMPS is based on proven ideas from the fields of behavioral optometry and cognitive neuroscience and has demonstrated **improvements as much as 90%** in working memory!

Who can benefit?

AMPS is designed for *anyone* that wants his or her brain to work better and faster, as it works on the underlying foundational skills needed for learning! The program is especially beneficial for students diagnosed with ADD / ADHD, Gifted (2-E), Autism Spectrum, PDD, Auditory Processing Disorder, Non-Verbal Learning Disorder, etc.

AMPS has also proven extremely beneficial for individuals with brain injury and adults (including seniors) desiring rehabilitation & more healthy and flexible cerebral functions.

How does it work?

- AMPS uses fun and challenging non-academic activities to build more efficient mental tools for thinking and learning.
- There are 46 different Kinesthetic, Auditory & Visual brain games that provide a just-right challenge to allow all children to succeed, while building and reinforcing new skills.
- AMPS is provided in a one-on-one setting for 15-20 weeks.
- **AMPS develops new, more efficient neuro-pathways in the brain; thus, frequency and repetition of instruction is critical to success.**

Just as practice and drill develops skill in sports, AMPS drills develop skills for learning and academics.

AMPS Improves:

- Attention
- Visual & Auditory Memory
- Organization Skills
- Reading and Comprehension
- Visual & Auditory Processing
- Processing Speed
- Ocular Motor Skills
- Logic & Reasoning Skills
- Visualization Skills for Reading Comprehension
- Spelling, Reading, & Math Abilities
- Neatness of Writing / Completion of Written Work



What are parents saying?

"My child's teacher reported he is attending better during class, is getting his work done more quickly and is needing less help."

"My daughter is no longer getting frustrated during homework."

"My child can now sound out words and read better."

"I feel my high school son is much more prepared for his SAT!"

"This is the most confident I have seen my daughter when it comes to academics. Her self-esteem has gone through the roof!"